



Date: August 28th, 2026
To: Ontario Paramedics
Cc: OBHG MAC, OBHG ESC
From: Ontario Base Hospital Group Education Subcommittee (OBHG ESC)

Re: Companion Document v5.4 update

The OBHG Companion Document aims to provide paramedics with a cohesive and comprehensive supplementary reference guide that complements the Advanced Life Support Patient Care Standards (ALS PCS).

Since 2025, the OBHG Companion Document has undergone revision that includes a structured approach that outlines background information about the medical directives with clearly defined subheadings. This allows paramedics to promote a consistent application of the ALS PCS by enhancing clinical insight and reinforcing evidence-based decision-making.

The OBHG ESC is pleased to provide an updated version of the OBHG Companion Document, aligning with ALS PCS v5.4. This includes the following:

- Updated educational resource information for the following medical directives:
 - Advanced Airway and Tracheostomy Suctioning & Reinsertion Medical Directive
 - Analgesia
 - Cardiac Ischemia
 - Croup
 - Hypoglycemia
 - Tension Pneumothorax
- Addition of Drug Monographs
- Updated OBHG Skill Sheets
- Minor edits and updates to the document formatting.

These changes will also be reflected in the Ontario Paramedic Clinical Guide. Please reach out to your Regional Base Hospital if you have any questions.

Thank you to all Ontario paramedics for the work you do.

Nicole Fox Wood
OBHG Education Subcommittee Chair