



CENTRAL VENOUS ACCESS DEVICE (CVAD) -EXTERNAL

Program/Service Area: Centre for Prehospital **Document Owner**: L. Simard Issue Date: April 2009

Care

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Frequency: As Required, in accordance with the Central Venous Access Device

Access Medical Directive.

Signature:

Purpose: To ensure a consistent standardized practice for accessing all central venous access devices (CVAD).

> Content Details

Ensure that the patient qualifies for CVAD access or contact a Base Hospital Physician (BHP) for a verbal order to proceed. Patient has a pre-existing accessible central venous catheter in place.

The following are some examples of CVAD devices (not an exhaustive list):

Hickman: Central catheter inserted through the anterior chest wall. (Hemodialysis Line)



Peripherally Inserted Central Catheter (PICC): Located on the patient's upper arm, but is still direct to

central circulation



Gather all required equipment and communicate the need for CVAD access and its effects to the patient and family members whenever possible

- Empty 10 ml syringe
- 10 ml NaCl Flush
- 3-5 alcohol swabs

STANDARD WORK

3.	Follow aseptic technique throughout and prime an infusion set with 0.9% NaCl ensuring no air bubbles are remaining in the line.	
4.	Ensure that the lumen to be accessed is clamped.	
5.	Grasp the connection between the cap and catheter with an alcohol swab. Clean the area and PRN adaptor with the alcohol swab vigorously for at least 15-30 seconds.	
5		
	If no PRN Adapter is found you may need to remove the Dead End Cap from lumen exposing luer lock end.	
		Dead End Caps PRN Adapter
6.		
7.	Using aseptic technique, Connect an empty 10 ml syringe to the lumen and unclamp the lumen.	
8.	Aspirate 3-5ml of blood from the lumen you wish to use.	This will remove the instilled heparin or
		sodium citrate)



9.	Clamp the lumen and disconnect the syringe used to aspirate blood.		
10.	Grasp the connection between the cap and catheter with an alcohol swab. Clean the area and PRN adaptor with the alcohol swab vigorously for at least 15-30 seconds.		
	Connect the 10 ml saline filled syringe, and then unclamp the lumen. Using a Turbulent flushing technique inject approximately 2-4ml of NaCl. Then flush remaining NaCl- if resistance is met, assume the lumen is obstructed and repeat procedure on the second lumen (if a second lumen is available)	Turbulent flushing technique	
11.	Alternatively, push 2ml, pause, push 2 ml and continue until the full flush is delivered.	Turbulent flushing technique	
12.	Once lumen patency has been confirmed, re-clamp lumen and remove syringe.		
13.	Attach IV bag and flush tubing to lumen, unclamp lumen and run IV at an appropriate rate.	Ensure the IV tubbing is well secured to CVAD lumen and the patient.	
14.	Discontinue if complications occur, or as directed by Base Hospital Physician (BHP).	Potential complications include:	
15.	Document the procedure on the patient care record as per the Documentation Standards and your Service Provider policy, which includes:		
16.	Document patient condition before and after CVAD access		
Expected Outcome: To successfully performs CVAD access.			