

MEDICATION ADMINISTRATION – SUBLINGUAL SPRAY

Document Owner: E.Levasseur **Program/Service Area:** Centre for Prehospital Care **Issue Date:** April 2009
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Approval: Corey Petrie, Interim Regional Manager, Centre for Prehospital Care & Trauma Services **Frequency:** As required.

Signature:



Purpose: To ensure a consistent standardized practice for administering medications sublingually.

	Content
1.	Ensure that the patient qualifies for the appropriate medical directive, or contact a Base Hospital Physician (BHP) for further direction.
2.	Communicate the need for the medication, and its effects, to the patient/family member whenever possible.
3.	Check medication for proper labelling and for an expiry date.
4.	Refer to the correct medical directive for correct dosages.
5.	Prime the pump by spraying the medication once, away from the patient and bystanders.
6.	Do not shake the bottle.
7.	Request that the patient lift their tongue towards the roof of their mouth and instruct them to not inhale when the spray is being administered.
8.	Spray the medication under the tongue as required.
9.	Assess the patient closely for any change in condition following the medication administration.
10.	Discontinue the medication if adverse effects occur or as directed by a BHP.
11.	Document the procedure on the patient care record as per the Ministry of Health and Long Term Care Emergency Health Services Branch Ambulance Call Report Documentation Standards and your Service Provider policy which includes: <ul style="list-style-type: none"> • name of the medication • dose and concentration of the medication • time of administration • route/site of administration
12.	Document patient condition before and after the medication administration.
13.	In the event of a patient not transported, ensure that no sublingual route medications are left behind.

Expected Outcome: Successfully administer medication sublingually.